

pomagali in darovali ter tako pomagali lajšati trpljenje. – Prejem zakramenta svete spovedi je pomembna in potrebna priprava na obhajanje velike noči.

LENT: – During Lent the liturgy prepares the faithful for Easter as they recall their baptism and do penance. Through forty days of closer attention to God's word and more fervent prayer, believers are prepared to celebrate the Paschal Mystery.

Ash Wednesday and **Good Friday** are days of fasting and of abstinence from meat. Fridays are days of abstinence from meat, but Catholics may substitute special acts of charity on these days.

The sacrament of confession is an important action for Catholics to prepare to celebrate Easter with pure and thankful hearts. The Church reminds us to receive this sacrament at least during preparation for Easter or during Easter Time.

NEDELJA, 14. februar: – Po krstu v reki Jordan in ko ga je Oče razlasil kot svojega ljubljene Sina, se je Jezus umaknil za štirideset dni v samoto. V samoti se je z molitvijo, v pogovoru z Očetom, pripravljaj na svoje javno delovanje. Po štiridesetih dnevih, ko je bil Jezus na tem, da začne izpolnjevati Očetovo voljo, ga je hudi duh skušal. Poskušal ga je odvrniti od izpolnjevanja Očetove volje, da bi delal po svoji, po človeški volji.

Cerkev nas z zgledom Jezusa uči, spodbuja in nagovarja k vestnemu in vztrajnemu izpolnjevanju Bože volje, ki je za nas v tem, da se držimo zapovedi in jih izpolnjujemo ter tako pričujemo za Kristusa in njegovo dobroto, ljubezen in usmiljenje. Kot pomoč za takšno življenje nam bo redna vsakdanja molitev, udeležba pri sveti maši, vredno prejetje zakramentov in še posebej dobra spoved.

The Church is celebrating the Holy Year of Mercy, a time of grace, peace, conversion and joy. It is meant for everyone: people of every age, from far and near... "Merciful like the Father". This is the theme of the Jubilee, but it is also the prayer we make for all of you as we welcome you in the name of Jesus. To be merciful means to grow in a love which is courageous, generous and real. It means to grow physically and spiritually. You are preparing to be Christians capable of making courageous choices and decisions, in order to build daily, even through little things, a world of peace. – Pope Francis

- V nedeljo, 21. februarja, bo druga nedeljska maša v angleščini. Obvestite in povabite predvsem mlajše!

- On Sunday, February 21, second Mass in English. Please, notify and invite younger members and encourage them to come to take part at least at the English Mass.

